



Review on Major Gastrointestinal Nematodes of Small Ruminants in Ethiopia.

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Abstract

Gastro-intestinal nematode parasites are currently becoming a difficult problem for small ruminant production. Nematodes are the most commonly encountered GI helminths while Cestodes are the least. In most reports, a higher rate was recorded in small ruminants. The most prevalent genera of GI helminths reported in order of prevalence are Haemonchus, Trichostrongylus, Oesophagostomum, Nematodirus, Cooperia, Toxocara and Bunostomum from Nematodes; Monezia and Cyticercus from Cestodes. Whereas, Fasciola, Paramphistomum and Shistosoma are found from Trematode category. Both the abattoir and coprological studies have indicated that infection by GI helminthes in ruminants is highly prevalent and widespread in all agro-ecologies and livestock production systems in Ethiopia. Fecal diagnostic techniques such as simple flotation, sedimentation, modified McMaster have been used routinely in Ethiopia. It has been also shown that prevalence of GI helminthes parasites was related to the agro-climatic conditions such as quantity and quality of pasture, temperature, humidity and grazing behavior of the host and the susceptibility of any intestinal helminthic parasites were also influenced by age, breed, species, health status, physiological factors and previous exposure to parasites. Due to the lack of effective helminthes control strategies in Ethiopia, antihelmintics are exclusively used. Though Ethiopia has a huge amount of small and large ruminants population, the country is facing a direct and indirect economic lose as a result of GI helminthes infection.

Keywords: Ethiopia; Gastrointestinal Nematodes; Small Ruminants.

Introduction

In Ethiopia, gastrointestinal nematodes of sheep and goats are major problems that affect health of sheep and goats which significantly reduce the income of the country. Ethiopia possesses a large number of small ruminant populations with an estimate of 28.89 million sheep and 29.7 million goats [1], which are well adapted to local climatic and nutritional conditions and contribute greatly to the national economy [2]. Sheep and goats are integral to the livestock production systems in crop-livestock mixed agriculture in the highlands and in the pastoral and agro pastoral livestock production. They are particularly important resources of the country as they provide more than 30% of the local meat consumption

and form a vital source of income for small-scale farmers [3].

However, the benefits obtained from sheep and goats to date do not match their tremendous potential and significant losses resulted each year from the death of animals as a result of diseases due to different causes large parasitic infections pose a serious health threat and limit the productivity of livestock due to the associated morbidity and mortality [4, 5]. More specifically gastrointestinal nematode infections of small ruminants are among the major diseases affecting the productive and reproductive performance of sheep and goats in Ethiopia [6].

Sheep and goat production depends on feed supplies, good health practices and appropriate animal husbandry management [7]. Nematodes remain the parasites of most concern to small ruminant breeders. Infection is rampant in most developing countries where poor pastures and the quantities of nutritious food consumed do not cover the nutritional requirements of animals. In addition, there is insufficient veterinary care and the environment is conducive to nematode growth and transmission in these countries [8].

Nematodes have detrimental effects on animal health causing illness and death. They reduce voluntary feed intake and efficiency of feed utilization and are major contributors to reduced meat, milk and wool production [9]. Degree of nematode infection depends mainly upon the age of the host, the parasite species involved, and the epidemiological patterns which include husbandry practices and physiological status of the animals. More importantly, environmental conditions such as temperature, rainfall and humidity are major factors to the development of nematode eggs and free living stages [10].

Many studies have been conducted to estimate the prevalence of small ruminant nematode parasites in different regions of Ethiopia. Accordingly, the results varied greatly among different parts of the country. The knowledge of the prevalence and risk factors would help in designing strategies to control and prevent nematode infections.

Therefore, the objectives of this paper are:

- To review available documents on prevalence and risk factors of gastrointestinal nematodes of sheep and goats in same parts Ethiopia.
- To show the gap of studies and forward the appropriated recommendations.

Major Small Ruminant Gastrointestinal Nematodes

The gastrointestinal nematode genera of sheep and goats described here are not detail. But brief descriptions of *Hamonchus*, *Trichostrongylids*, *Bunostomum* and *Oesophagostomum* are given here as follows.

Etiology

Genus *Haemonchus* is a well-known blood-sucking abomasal nematode that may be responsible for extensive losses in sheep and cattle especially in tropical area [10]. Sheep and goats are affected by *Haemonchus contortus* which is closely related to the other trichostrongylids of small ruminants, but *Hemonchus placei* is the usual species in cattle [11].

Trichostrongylids include nematode genera of *Trichostrongylus*, *Ostertagia*, *Cooperia*, and *Nematodirus* (known locally as scour worms or hair worms) which often occur together in the alimentary tract of ruminants. Their combined effects on the host, together with those of other alimentary nematodes such as *Oesophagostomum* and the hookworms, are commonly known as parasitic gastroenteritis (PGE). The above parasites are originated from the same nematode family and are collectively known as the *trichostrongylids*. *Haemonchus* also belongs to this group but is considered separately as the disease processes [12].

Bunostomum (hookworm disease), Nematode of the genus *Bunostomum* and related hookworms. It is one of the larger nematodes of the small intestine of ruminants and characteristically hooked at the anterior end [10].

Genus *Oesophagostomum*: All farm animals except horses can harbor nematodes of the genus *Oesophagostomum*, causing a condition known as 'nodule worm disease' or 'pimply gut'. The important species in sheep and goats are *Oesophagostomum columbianum*, *Oesophagostomum venulosum* and *Oesophagostomum asperum* [13].

Life Cycle

The genus *Trichostrongylids* has direct lifecycle. Eggs passed in the feces hatch under suitable environmental conditions, producing two non-parasitic larval stages and then the infective third-stage larva. This is ensheathed, i.e. it retains the shed cuticle from the previous moult for protection. The eggs of *Nematodirus* spp. are different from the others. They are larger and do not hatch initially. Instead, an infective ensheathed larva develops within the egg thereby gaining even greater resistance to harsh environmental conditions. When infective *Trichostrongylid* larvae are ingested by the host, they

exsheath and depending on species, enter either the gastric glands of the abomasum or the crypts of the small intestine. Here they moult, return to the lumen and after a fourth moult mature to become adult [10].

Haemonchus larvae develop the piercing lancet just before final moult which enables them to obtain blood from the mucosal vessels. The time from ingestion of larvae to appearance of egg-laying females (the prepatent period) normally takes about 3 weeks, except for *Nematodirus*, which takes a week or so more. This period may become extended as third- or early fourth-stage larvae, depending on species, can become arrested in development (hypobiotic) thereby delaying emergence from the mucosa for weeks or months [11].

The females of hookworms are prolific egg layers and the life cycle is direct. The eggs hatch and two free living, non-parasitic larval stages follow, which are very susceptible to desiccation. An infective larva is produced in about 1 week under favorable conditions. *Bunostomum* larvae can enter the body via the skin or the mouth. After cutaneous penetration, larvae enter the bloodstream, are carried to the heart and lungs. They enter the alveoli where the fourth stage larvae develop and passed up the air passages to the pharynx then swallowed and finally reach the small intestine [12].

Life cycle of *Oesophagostomum* is also direct. Eggs passed in the feces hatch and, after undergoing two moults, become infective third -stage larvae. Infection is thought to occur only by ingestion, but skin penetration has been demonstrated experimentally. The larvae invade the intestinal wall at any level, provoking a nodular host reaction, and some may undergo hypobiosis. They return to the lumen as fourth-stage larvae and egg laying in most species commences in about 40-50 days [10].

Epidemiology

The epidemiology of hemonchosis is largely determined by the high fecundity of the female worms and the speed with which infective larvae can develop in warm, humid conditions. Thus, when conditions are favorable, large numbers of infective larvae can accumulate very rapidly on pasture [11]. Because larvae development of *Haemonchus contortus* occurs optimally at relatively high temperatures, haemonchosis is primarily a disease of sheep in warm climates. However, since high humidity, at least in the

microclimate of the faces and the herbage, is also essential for larval development and survival, the frequency and severity of outbreak of disease is largely depend on the rain fall in any particular area [10].

Natural *trichostrongylid* infections mostly comprise a mixture of species. The relative importance of each varies with locality and season. In sheep and cattle, *Ostertagia* tends to be of greatest clinical significance in winter rainfall areas while *Haemonchus* is predominant in summer rainfall zones. Other genera may dominate in some areas or under some management practices. Sheep and goats share many *trichostrongylid* species but cross-infection between sheep and cattle occurs only to a limited extent [11].

Patterns of disease are determined by factors influencing the susceptibility of the host, the numbers of infective larvae accumulating on the pasture and the numbers of larvae undergoing hypobiosis in the host. Resistance to *trichostrongylid* infections is complex and involves genetically determined physiological and acquired immunological components. Age resistance is seen particularly in the case of *Nematodirus*, where 3 to 4-month-old lambs are better able to withstand larval challenge than younger animals. Differences in susceptibility occur between breeds and between individuals within a group. Acquired immunity in sheep and cattle develops quickly after exposure to *nematodirus*, but takes much longer with other gastrointestinal *trichostrongylids*. Consequently, disease associated with *nematodirus* is only likely to occur at first exposure, but animals remain susceptible to the other *trichostrongylids* for most or all of the first grazing season. In the case with *Ostertagia* of lambs can develop high resistance to *Trichostrongylus* by about 6 months of age when larval intake is high, but this period is extended when challenge is low [12].

The chances of infection of Bunostomosis occurring by percutaneous entry are greatly enhanced when the surroundings are wet and this together with the susceptibility of the larvae to desiccation leads to a higher incidence of the disease in humid subtropical or warm temperate countries. Heavy infections of sheep or cattle are uncommon in cooler temperate countries but do occur occasionally when animals are winter housed in dirty surroundings with insufficient bedding [11].

Oesophagostomum columbianum eggs and larvae are particularly susceptible to cold and dryness, but under optimum conditions can reach the infective stage in 6-7 days. Prevalence is therefore highest in warmer temperate or subtropical climates with summer rainfall. If sufficient larvae are ingested, acute disease may occur during the summer months. Lighter infections or exposure of older animals to infection may give rise to a chronic condition that presents clinically in the following winter when animals are on a low plane of nutrition [10].

Pathogenesis

Pathogenesis of haemonchosis is related to the blood sucking habit of the parasite. Three syndrome; hyper acute, acute and chronic haemonchosis occur in goats and sheep [14]. Vigorous blood sucking by both fourth stage larvae and adults is the main factor differentiating the pathogenesis of *Hemonchus contortus* from the other abomasa nematodes. Haemonchosis cause the daily loss of around 0.05 mL of whole blood per worm due to its blood sucking ability. Death may be acute and result purely from blood loss or may be more gradual and accompanied by weight loss, anemia, and hypoproteinemia. Poor growth in young lambs can result from a reduction in their ewes' milk production. Susceptibility to hemonchosis varies with breed. Individuals within a flock also vary in vulnerability. This natural resistance to infection is heritable [11].

Each *trichostrongylid* species differs in its habit and in the damage it causes and so details of the corresponding disease processes will vary correspondingly. The major mechanisms leading to diarrhea, weight loss and production deficits can however be described in general terms. In abomasal infection with *Ostertagia* species developing larvae distend the gastric glands and produce small white nodules on the mucosal surface, but these are of little clinical significance. Intestinal trichostrongylid infections are associated with inflammatory changes, a thickening of the mucosa and a stunting or flattening of the villi. Epithelial enzyme activity is reduced. *Nematodirus* and *Cooperia* lie in close contact with the mucosa but *Trichostrongloid* species larvae and adults form superficial tunnels, causing additional tissue disruption [10].

Hookworms are active bloodsuckers and cause severe anemia in all animal species. Total worm numbers as low as 100 may cause clinical illness and 2000 may

cause death in young cattle. There is a loss of whole blood and hypoproteinemic edema may result. Some irritation to the intestinal mucosa is inevitable and mild or intermittent diarrhea follows. Penetration of the skin by larvae may cause signs of irritation and lead to the introduction of pathogenic bacteria [12].

Osofagostomum columbianum provokes a massive host response while *Osofagostomum venulosum* does not produce visible lesions. *Osofagostomum columbianum* larvae in young sheep exposed for the first time stay in the wall of the anterior small intestine for about 5 days. Some subsequently enter the mucosa a second time in the large intestine, while others develop directly to adults. In second and subsequent infections, few larvae develop directly to adults and most are arrested in either the first or second mucosal phases. Persistence of larvae in the intestinal wall for long periods is thought to indicate host immunity, thus in older sheep, nodules develop in the intestinal wall at any level and may occasionally be present in nearby organs. Larvae may remain alive in these nodules for periods of up to 1 year but many are destroyed by the host response. When the resistance of the animal is lowered, due to poor nutrition, larvae leave the nodules, re-enter the intestinal lumen and pass down to the colon to become adults [11].

Clinical findings

Hemonchosis causes heavy losses due to animal deaths and reduced production. Lambs and young sheep are commonly affected by the acute form of the disease. Often only a few individuals will be seriously affected but in very severe outbreaks, a large proportion of the flock may suffer if not treated. Animals may be found dead without premonitory signs having been observed. The mucosae and conjunctivae of such sheep are always extremely pale. More chronic cases show lethargy and muscular weakness, pallor of the mucosae and conjunctivae and anasarca, particularly under the lower jaw and to a lesser extent along the ventral abdomen. Affected sheep are often noticed for the first time when the flock is being driven: they lag behind, breathe faster, have a staggering gait and often go down. Some sheep may die as a result of exercise but most can rise and walk a little further after rest [10].

In the case of *trichostrongylid* the two most susceptible age groups of sheep are weaned lambs and yearlings. Those over 18 months of age are less prone because of immunity gained from previous infestation.

The onset of disease is generally insidious with young animals initially failing to grow satisfactorily and later becoming unthrifty and lacking in vitality and bloom. If they are observed sufficiently closely their food intake can be seen to be reduced. This may be the full clinical picture in many flocks which are considered to have 'weaned ill thrift'. More severely affected sheep pass dark green, almost black, soft faeces which foul the wool of the breech. Lamb and yearling flocks are most seriously affected and a constant mortality begins, a few animals dying each day. The losses are not acute but may eventually exceed 35%. A more dramatic picture occurs when young lambs, especially those in the 6 to 12-week age group, are exposed to sudden pasture challenge with nematodirus spp. There is profuse watery diarrhea and the lambs quickly become dehydrated. Mortality can be high and deaths may start within 2 days of the first observed illness [11].

In Bunostomosis severe infections there is obvious pallor of mucosae, weakness, anasarca under the jaw and along the belly, prostration and death in 2-3 d. The signs in sheep are similar to those in cattle. The convalescent period, even after treatment, is prolonged unless the diet is supplemented to stimulate erythrocyte production [12].

In heavily infested sheep with *Osophagostomum*, severe persistent diarrhea may occur in young animals. More commonly, older sheep in the winter months will show an intermittent passage of semi -soft droppings which contain excessive amounts of mucus and occasionally blood. There is rapid loss of condition, hollowing of the back, stiffness of gait and elevation of the tail. Nodules may be palpated on rectal examination. Anemia is not characteristic and is never marked. Young calves may show anorexia, diarrhea, emaciation, and anemia. Initially the diarrhea may alternate with constipation, but later it is continuous and is dark and fetid [11].

Diagnosis

Clinical diagnosis of GIT nematodes of sheep and goats needs history of the area, history of anti-helminthes treatment, grazing history, age of animal and clinical signs manifested by the disease. But as GIT nematodosis share common clinical manifestations with other diseases laboratory diagnosis is important. The diagnosis of nematode parasites of small ruminants is based on demonstrating the presence of their eggs, or larvae, in faecal samples,

or the presence of parasites recovered from the digestive tracts of the animals [15]. The following diagnostic procedures for helminth infections of small ruminants are relevant to African conditions. Faecal examination by means of the modified McMaster technique for the enumeration of worm eggs and larval differentiation by faecal culture methods are the most common routine means for the diagnose helminthosis in small ruminants. The strong lid nematode genera produce eggs that are similar in appearance and cannot be easily discriminated, which means that genus identification cannot accurately be made by faecal examination alone. To identify nematodes in faecal samples, faecal cultures are required to yield L3 larvae, which generally can be differentiated to genus level. Nematodirus, Strongyloides and Trichuris species have eggs that can be differentiated by their distinct morphological features [16]. Laboratory Diagnosis Although there is much current interest in the use of serology as an aid to the diagnosis of helmenthosis, particularly with introduction of ELISA test, diagnosis GIT parasitic infections still depend mostly on parasitological finding of eggs and or parasite of fecal samples [17].

Faecal Examination

Faecal examination for the detection of worm eggs is most common and routine work in GIT nematode diagnosis. Examination of faces for nematode eggs may vary from a simple direct smear to more complex methods involving centrifugation and the use of flotation fluids [18].

Direct Faecal Smear Examination

The presence or absence of worm eggs in fecal sample using direct smear of fresh faces on microscope slide and examination under low power objective microscope is routine procedure. However, this technique is only useful to detect nematode eggs when it exists high concentration in faces. Other disadvantages of direct techniques include difficulty to identify them since the eggs are partially covered by debris materials and quantitative results could not be obtained although it is fast and easy technique [18].

Concentration Techniques

Light infections are not easily detected using direct smear; therefore, concentration technique was developed to overcome the short coming of direct smear. The concentration techniques that are widely

used include the use of salt or sugar solution and centrifugal concentration techniques. In both cases the logic behind is to concentrate the nematode eggs in each portion of sample or processed fecal material. In flotation the type of egg recovered is related to specific gravity of solutions; half saturated sodium chloride with specific gravity of 1.125 is capable of floating Trichostrongyloids and strong lid eggs while fully saturated sodium chloride with specific gravity of 1.204 is preferred as generalpurpose solution [19].

Egg Counting Technique

The demonstration of a parasitic element in excreta includes: the presence of parasite. However, this information is not always enough. In the case of gastrointestinal strongylosis, the number rather than the presence of parasites is important. A technique called Mac Master. This technique is said to be easily applicable low technology parameter to indicate the level of infestation and degree of worm burden in some instances. The method enables to determine the number of eggs per gram of faces, although it is difficult to relate directly with the burden of parasites in large ruminants, still it is widely used, and best correlation was observed in small ruminants and the method is also used to detect anti helmhentic resistance. Fecal Culturing Grazing sheep and goats usually have mixed nematode infections. Only few nematode parasites have characteristic eggs that enables as to differentiate to genus level (*Nematodirus* spp, *Trichuris* spp, *strongyloides* spp.) but those trichostrongyle and strongyles are not easily differentiated, for this reason fecal culturing and larval identification based on the keys available is useful technique.

Treatment

Small holder farmers and pastoralists of Ethiopia practice varying degrees of parasite control in their livestock. These practices range from the use of anthelmintic drugs of varying quality, to the use of traditional medicines [20]. The prophylactic treatment of nematode infection depends basically on the use of anthelmintics [21]. Notable, the availability of safe, broad spectrum anthelmintics has helped to reduce the incidence of a greate number of worm disease. In general, anthelmintics groups are greatly effective against the immature and mature stages of virtually all the important gastrointestinal nematodes as well as many extra intestinal helminth species [22]. The drugs of choice for small ruminants' nematode infection

are Ivermectin 0.2mg/kg, oxfendazole 5mg/kg, fenbendazole 5mg/kg, levamisole 2.5mg/kg, albendazole 4-8mg/kg and febantel 5-10mg/kg. These anthelmintic have high activity against mature and immature stage nematode. Antibiotics are also given to prevent secondary bacterial complication [23].

Control and Prevention

Control of endoparasite is the most desirable although internal parasite problem is usually related to management practices that increases exposure. Whereas ongoing preventive management practices minimizes losses caused by parasitic infection. Control of nematode infection in small ruminants may be achieved by pasture management. Animal must be removed from infected ground, placed on dry pasture and supplied with clean drinking water. Draining and resting pasture during dry summer kill many larvae that readily survive cold winter. Their feces should not be used for fertilizing lands on which crops for green feeding are grown, moist grasses should not be given to animals, and adult should not graze together with young stock [23].

Proper Nutrition

The strongest link between nutrition and parasitism has been illustrated between protein intake and resistance to GINs infection. The most dramatic has been the abolishment of the peri parturient egg rises in lambing ewes by providing protein accordingly. Supplementation with phosphorus has been shown to prevent worm establishment [24].

Pasture Management

A safe pasture is one that had no sheep grazed on it for 6 months during cold weather or 3 months during hot/dry weather. Weaning sheep at 2 months of age and rotating them through pastures ahead of the adults will minimize the exposure to large numbers of infective larvae. Pastures should be rotated following any administration anthelmintic to the animals [25]. Nematophagous Fungi: Act as a biological control agent. Nematophagous fungi are micro-fungi which utilize nematode larvae as their main source of nutrients. The fungi are ingested by ruminants pass through the digestive tract and colonize fecal material. Three predaceous fungi have been identified but only one is suitable for including in ruminant diets. *Dudding toniaflagrans* has thick-walled spores that can be fed to ruminants and passes safely through to the

feces. The spores must be fed daily to maintain the reduction in L3 numbers [26].

Anthelmintic Usage

If possible, anthelmintic use should be restricted to 2 or 3 times per year by combining anthelmintic use with the epidemiology of nematode infection. Regular monthly dosing, as practiced on some farms, cannot be recommended. Use the full dose of an anthelmintic as well as alternate the type of anthelmintic used. The

generally accepted view is that anthelmintics should be alternated on an annual basis [27].

Common small ruminant gastrointestinal nematode infections in Ethiopia

In Ethiopia, even if variation observed in the level of severity and prevalence of infection of nematode of small ruminant from region to region, most nematode genera and species affect sheep and goats. Studies in some different region of the country were summarized and shown on table 1 below.

Table1. Table below shows nematode genera and species identified in different regions of Ethiopia.

No	Study location	Nematode genera	Species	References
A	Haramaya district, eastern Hararghe zone of Oromiya region	<i>Haemonchus</i>	<i>Contortus</i>	[28]
		<i>Trichostrongylus</i>	<i>Axei</i>	
		<i>Teladorsagia</i>	---	
B	Chena and Gimbo (Kaffa Zone) and Semen-Bench (Bench Maji zones) districts, Southwest	<i>Bunostomum</i>	Not identified at species level	[29]
		<i>Chabertia</i>		
		<i>Cooperia</i>		
		<i>Haemonchus,</i>		
		<i>Oesophagostomum,</i>		
		<i>Teladorsagia</i>		
C	ELFORA export abattoir, Bishoftu	<i>Oesophagostomum</i>	<i>Columbianum</i>	[30]
		<i>Trichuris</i>	<i>Ovis</i>	
D	Dale district, Sidama zone, Southern	<i>Haemonchus</i>	Not specified	[31]
		<i>Trichostrongylus</i>		
		<i>Oesophagostomum</i>		
		<i>Bunostomum</i>		
		<i>Trichuris</i>		
E	In and around Ambo Town of West Shoa	<i>Strongyle</i>	Not specified	[32]
		<i>Nematodirus</i>		
		<i>Trichuris</i>		
f.	Kurmuk Woreda, Assosa Zone of Benishangul Gumuz Region, Western	<i>Haemonchus</i>	<i>Contortus</i>	[33]
		<i>Strongyles</i>	Not specified	
		<i>Cooperia</i>		
		<i>Strongyloides</i>		
		<i>Nematodirus</i>		
		<i>Trichostrongylus</i>		
g.	Tullo District, Western Harerghe	<i>Trichostrongylus</i>	Not specified	[34]
		<i>Haemonchus</i>		
		<i>Oesophagostomum</i>		
		<i>Cooperia</i>		
		<i>Bunostomum</i>		

Prevalence

Different research study revealed that there were variations in the prevalence of small ruminant

gastrointestinal nematode in different regions of Ethiopia. According to this review, the prevalence ranges from 21.35% to 91.6% depending on production systems [31, 33]].

Table 2. Table below shows prevalence of small ruminant gastrointestinal nematode in Ethiopian different regions.

Study location	No sample collected			Prevalence			References
	Sheep	Goats	Total	Sheep	Goats	Total	
In and around Ambo Town of WestShoa	271	113	384	135 (35.2%)	54 (14.1%)	189 (49.22%)	[32]
In and Around Jimma Town	214	170	384	137 (55.4%)	110 (44.5%)	247 (64.32%)	[35]
Kaffa and Bench Maji Zones, Southwest	492	308	800	55.1 %	52.6%,	433 (54.1%)	[29]
Haromaya District Eastern Hararghe Zone	384	-	384	232 (60.4%)	-	232 (60.4%)	[36]
Bale zone, south eastern Ethiopia	384	41	343	26 (16.7%)	130 (83.3%)	156 (40.8%)	[37]
Semi extensive Managed South	192	60	132	50 83.3%	116 87.9%	176 (91.6%)	[31]
Tullo District, Western Harerghe	168	216	384	104 (61.9%)	91 (42.1%)	195 (50.8%)	[34]
Andabet District, North West	232	150	382	95 (63.3%)	182 (78.4%)	277 (72.5%)	[38]
BenishangulGumuz Region	88	296	384	23 (26%)	59 (20%)	82 (21.35%)	[33]
6 selected districts of western Oromia	255	245	500	192 (75.3)	206 (84.1%)	398 (79.6%)	[39]
Elfora Export Abattoir, Bishoftu	67	73	140	53 (79.1%)	52 (71.2%)	105 (75%)	[30]
Restaurants and Hotels of Gondar	335	49	384	272 81.2%	36 73.5%	308 80.21%.	[40]

Risk factors

Species

Sheep and goats are often exposed to different factors that lead to gastrointestinal nematode infections which

result in severe consequences. However, the way the infections are manifested could vary with species. The following table shows variation with species difference.

Table 3. Table shows prevalence of small ruminant gastrointestinal Nematode with species difference.

No	Study location	No of Sheep and goats examined			Prevalence			References
		Sheep	Goat	Total	Sheep	Goat	Total	
A	Bale zone, south eastern Ethiopia	41	343	384	(16.7%)	(83.3%)	(40.8%)	[37]
		271	113	384	(35.2%)	(14.1%)	(49.22%)	
B	In and around Ambo Town of West Shoa	214	170	384	(55.4%)	(44.5%)	(64.32%)	[35]
C	In and Around Jimma Town	192	60	132	83.3%	87.9%	(91.6%)	[31]
D	South Ethiopia	168	216	384	(61.9%)	(42.1%)	(50.8%)	[34]
E	Tullo District Western Harerghe	232	150	382	(63.3%)	(78.4%)	(72.5%)	[38]
F	Andabet District, North West	88	296	384	(26%)	(20%)	(21.35%)	[33]
G	Benishangul Gumuz Region	255	245	500	(75.3)	(84.1%)	(79.6%)	[39]
H	Districts of western Oromia							

The difference in prevalence of nematodes in sheep and goats can be associated with different behavioral nature of sheep and goats. The higher prevalence of nematodes in sheep than goats was due to farming system of sheep and the fact that sheep have frequent exposure to communal grazing land that has been contaminated by feces of infected animals [34].

Goats are browsers in behavior but sheep are grazers from the ground where the GI-parasites egg hatches and reaches the infective stage [10]. There are situations where the prevalence of nematodes becomes higher in goat than sheep. This could be due to higher immune response of sheep to GI parasites than goats and the habit of mixed flock, in which sheep are

relatively passive and usually graze/browse from back of the flock following more alert and voracious mass of goats in front line that may get access to more feedstuff and parasites as well [41].

Sex

It is also anticipated that variations in nematode infections are likely to occur between different sexes of small ruminants. However, table below shows that sex is not playing a contributory role for the anticipated difference in the prevalence of nematode infections as revealed few studies conducted in different regions of Ethiopia.

Table 4. Table below shows Prevalence of small ruminant gastrointestinal nematode with sex difference

No of Sample Collected			Prevalence			Level of significance (P-value)	References
Male	Female	Total	Male	Female	Total		
341	41	382	71.8%	78%	72.5%	>0.05	[38]
196	188	384	(52.0%)	(49.5%)	(50.7%)	>0.05	[42]
102	282	384	(52.9%)	(47.9%)	(49.2%)	>0.05	[32]
185	199	384	(12.9%)	(29.2%)	(21.3%)	<0.05	[33]
314	70	384	(80.9%)	(77.1%)	(80.21%)	>0.05	[40]
283	517	800	(50.5%)	(56.1%)	(54.1%)	>0.05	[29]
217	167	384	(76.5%)	(84.4%)	(79.95%)	>0.05	[28]

So, sex does not really have direct influence on epidemiology of nematodes except that ewes contribute to pasture contamination and enhance transmission of infection during pregnancy and lactation through periparturient rise in faecal egg output [10].

younger animals lack strong immunity compared to adults. Adult sheep and goats acquire rapid solid immunity after primary infection [10]. Similarly, a number of authors have demonstrated that young animals are more susceptible to parasite infection than adult sheep above 1 year of age [43].

Age

Variation in the prevalence of nematode also occurs with age of small ruminants. Since new born and

Table 5. Table below shows prevalence of small ruminant gastrointestinal nematode with age difference

No of sample collected			Prevalence			P- value	References
Young	Adult	Total	Young	Adult	Total		
127	257	384	(26.77%)	(18.67%)	(21.35%)	>0.05	[33]
75	309	384	(84%)	(86%)	(85.6%)	>0.05	[28]
240	560	800	(39.6%)	(60.4%)	(54.1%)	<0.05	[29]
159	225	384	(56.0%)	(47.1%)	(50.7)	>0.05	[34]
79	259	338	(82.3%)	(81.8%)	(81.95%)	<0.05	[38]

Body condition factors

Most of studies revealed that a significant difference was observed in prevalence of nematode infection in relation to body condition score where a higher prevalence of gastrointestinal nematodes parasites were recorded in poor and medium body conditioned animals as compared to animals having good body condition. This might be due to either well-fed animals have good immunity or parasitic infection leads to poor immunological response to the fecundity of the

parasites [44]. In addition indicated that animals with poor condition are highly susceptible to infection and may be clinically affected by worm burdens as compared to well-fed healthy animal. Moreover, Knox *et al.* [31] observed that a well-fed animal was not in trouble with worms, and usually a poor diet resulted in more helminthes infections. Some of the study findings on small ruminant infections with nematodes in relation to body condition in Ethiopia seem to be supportive of the above idea.

Table 6. Table below shows prevalence of small ruminant gastrointestinal nematode with body condition difference

No of sample collected				Prevalence				P- value	References
Poor	Medium	Good	Total	Poor	Medium	Good	Total		
155	135	94	384	(73.6%)	(37%)	(26.6%)	(49.2%)	<0.05	[32]
111	150	123	384	(45%)	(17.3%)	(4.8%)	(21.3%)	<0.05	[33]
34	225	125	384	(70.5%)	(65%)	(87.2%)	(77.8%)	<0.05	[37]
78	154	152	384	(73.1%)	(52.6%)	(37.5%)	(50.7%)	<0.05	[34]
327		430	757	(63.9%)	-	(74.0%)	(69.6%)	>0.05	[39]

Climatic condition and season of the year

Climatic condition and season of the year are main factors that increase prevalence of nematode infection in Ethiopian sheep and goats. Rainy season favors good condition for hatching eggs, larval development and survival. Hence, higher prevalence is usually detected following wet season grazing compared to dry season. The lowest prevalence in dry season may be due to adverse climatic condition in dry season subsequences to arrested evolution of larvae in host and environment, reduces period of grazing support in reduce chance of contact between host and parasite and high temperature shortened their evolution while low temperature prolong developed of free living stage [7]. Climatic conditions, particularly rainfall, are frequently associated with differences in the prevalence of nematodes parasitic infections, because free-living infective stages (eggs, larvae, cysts, and oocysts) survive longer in moist conditions [45].

Economic impact

This review on available data shows that GI nematodes in small ruminants cause many losses in Ethiopia. The prevalence of nematodes infections ranged from 21.35% to 91.6% in different region of country while the livelihood of farms depends on ruminants especially small ruminants the impact on the economy of the country seems to be huge. This is clearly a result of reduced production and productivity due to morbidity, mortality and treatment costs of infected animals [31, 33].

Helminthes parasitic infections are generally chronic and sub-clinical in nature and the losses caused by them are insidious while *Haemonchus contortus* infection may cause spectacular production losses in small ruminants [13]. The decreased rate of body weight gain in infected animals might be attributed to reduced feed intake and feed conversion efficiency due nematode infection [46].

Conclusion

This review revealed that there is high prevalence of GIN infection in sheep and goats in different regions of the country due to various contributing factors. Gastrointestinal nematode parasites are the major animal health constraints in sheep and goats production and contributing loss in productivity and economy. As all research reviewed, gastrointestinal nematode could have serious impact on the productivity of the animals and profitability of the farmers.

Based on the above conclusions, the following points are forwarded as recommendations:

- ✓ Regular de-worming program using broad spectrum anthelmintic and good management practices should be implemented to minimize pasture contamination with larvae.
- ✓ Further epidemiological study should be conducted in the area including environmental factors like management conditions that helps to design an appropriate control measures.
- ✓ Separating the most susceptible young animals from adults, this is a possible source of contamination.
- ✓ Furthermore, parasitic control and prevention should be implemented in the area.

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