

Case Report



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**Clinical Review of High-Pressure noncompliant balloon,
McCross NC Balloon Dilatation Catheter Balloon and Calcified,
Undilatable Coronary Lesions**

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Abstract

Optimal stent deployment can become a challenge for the interventional cardiologist, especially when it involves calcified, undilatable lesions. Various technologies have been developed to tackle this scenario and the super high-pressure balloon seems to be a promising adjunct in treating undilatable lesions. Herein, we present our initial experience with a new noncompliant, super high-pressure balloon. The catheter is indicated for balloon dilatation of the stenotic portion of a coronary artery or bypass graft stenosis for the purpose of improving myocardial perfusion. Balloon dilatation of a stent after implantation, where clinical safety and performance is applied based on clinical review done in this study including review of equivalent devices.

Keywords: super high-pressure balloon, catheter, myocardial perfusion, graft stenosis.

Introduction

This study has been applied in order to document clinical review of noncompliant balloon, McCross NC Balloon Dilatation Catheter. Calcified coronary lesions are common in coronary artery disease. These lesions are resistant and difficult to dilate, and frequently dissect during balloon angioplasty. Optimal stent deployment can become a real challenge. Suboptimal stent expansion can increase the risk of stent thrombosis and restenosis. Different strategies are used to dilate resistant lesions, including the use of a Cutting Balloon (Boston Scientific), non compliant balloons, laser atherectomy, Rotablator (Boston Scientific), Angio Sculpt scoring balloon catheter (Philips), and the buddy wire technique.

Recently, a new noncompliant balloon, McCross NC Balloon Dilatation Catheter manufactured by Shenzhen Medoo Medical Tech. Co., Ltd. super high-pressure percutaneous transluminal coronary angioplasty balloon, has become available in Europe. McCross NC Balloon is a double-layered balloon allowing for very high pressure dilation. We report our first experience with this new balloon in the treatment of a calcified lesion resistant to dilation by conventional noncompliant balloons.

Case Report

A 72-year-old male presented to the district hospital with ongoing angina pectoris for the last 2 hours. His background involved hypertension, diabetes, and a history of coronary artery bypass 10 years prior, followed by percutaneous angioplasty with a drug-eluting stent (DES) of his circumflex coronary artery 3 years later. The result of the angioplasty was not satisfactory, with no expansion of the stent and residual compression in the hour glass, causing a residual stenosis of 50% despite a 26 atmospheres (atm) post dilatation with a 4 mm noncompliant

balloon. The patient was hemodynamically stable with clear lungs and no observable cardiac murmurs, S3, or peripheral edema. An initial electrocardiogram (ECG) showed 3 mm of ST segment elevation in the lateral leads and 2 mm of ST segment depression in the anterior leads, consistent with an acute lateral wall ST-elevation myocardial infarction (STEMI). He was treated with 5000 units of heparin intravenously, and 300 mg of aspirin and 600 mg clopidogrel. Coronary angiography via right femoral access showed an occlusion of the proximal circumflex by stent thrombosis within the extrinsic compression zone of the stent and a highly calcified lesion (Figure 1).

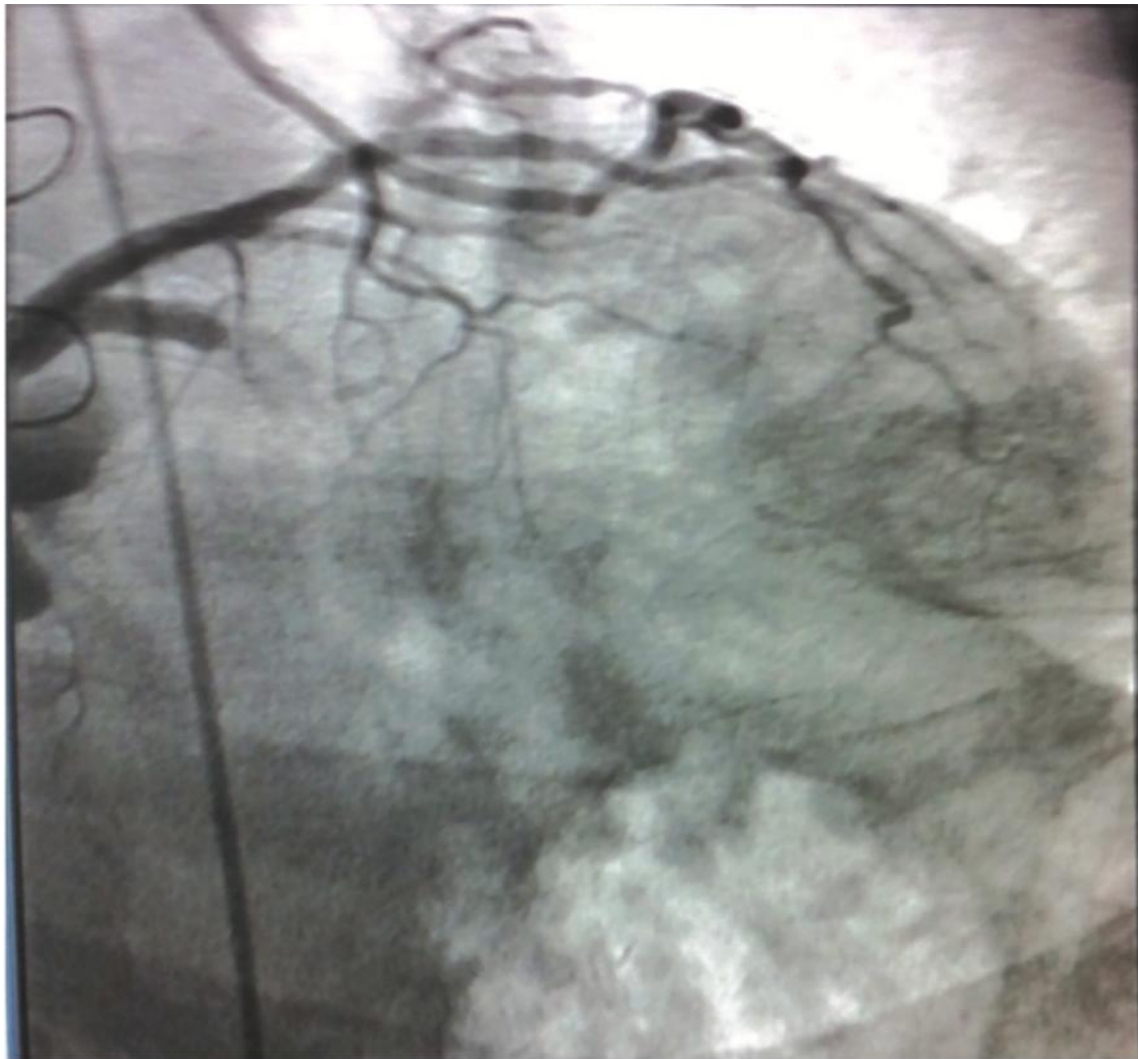


Figure 1. Stent thrombosis in the proximal circumflex artery.

A 6 French (Fr) Extra Backup (EBU) 100 cm MB1 coronary guiding catheter (Medtronic) was positioned at the left main coronary artery ostium. The lesion was crossed with a 0.14-inch x 190 cm straight Hi-Torque Whisper MS guide wire, but TIMI grade 0 flow persisted. It was decided to perform thrombus aspiration and an Eliminate aspiration catheter* (Terumo Europe) was directed to the lesion. The

suction of thrombus resulted in the restoration of TIMI grade III flow. The calcified lesion was initially prepared using rotational atherectomy with a 1.75 mm burr. It was pre dilated with a 3.5 mm x 12mm NC Quantum Apex Monorail PTCA balloon (Boston Scientific) and a 3.5mm x15mm Cutting Balloon. However, there was still restriction in balloon expansion (Figure2).

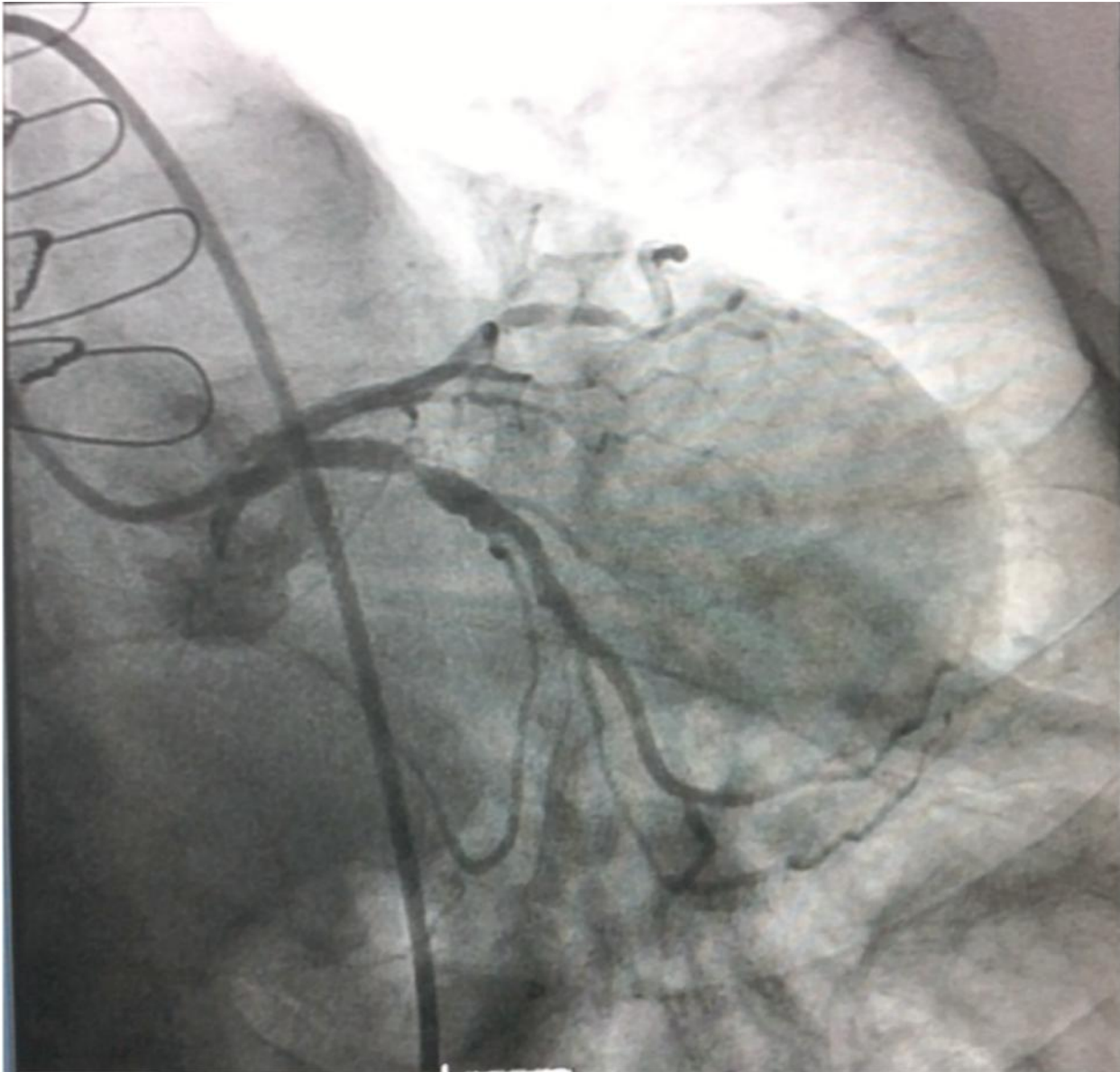


Figure 2. Restriction in balloon expansion remains after pre dilatation.

A 3 mm x 10 mm MeCross NC Balloon was used to dilate the residual resistant stenosis and inflated to 40 atm (Figure 3), allowing the rupture of the lesion,

followed by prolonged post dilation with a 4.0 mm x 15 mm NC Quantum Apex Monorail balloon.

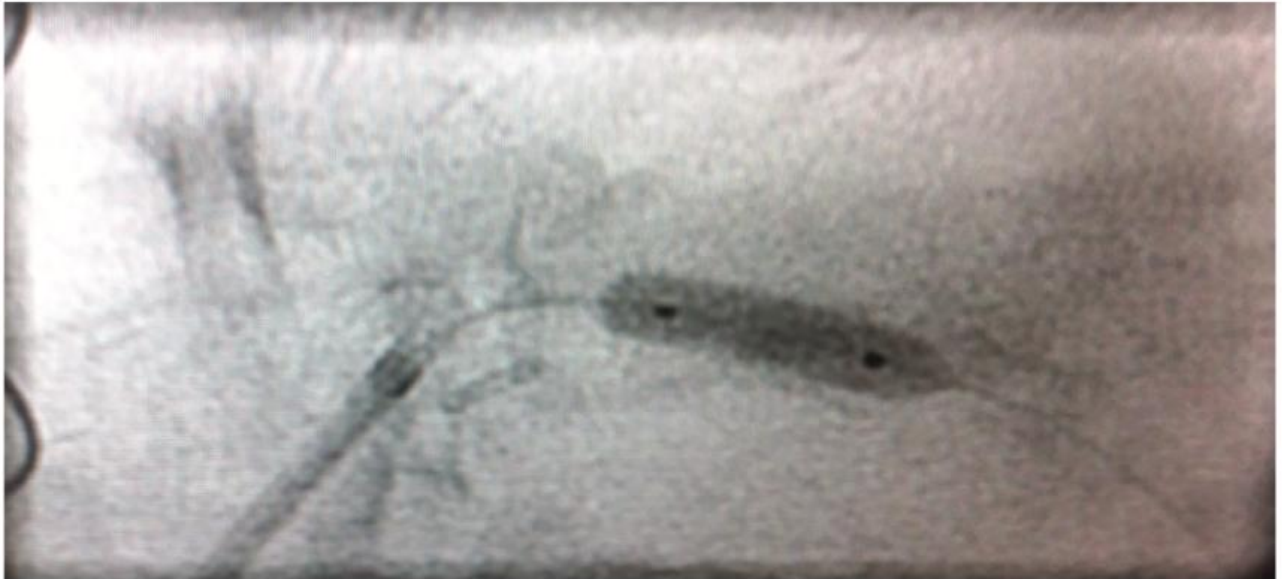


Figure 3. MeCross NC Balloon Dilatation Catheter, inflated to 40 atm.

A drug-eluting stent was deployed, achieving an excellent angiographic result (Figure 4).



Figure 4. Final result.

Discussion

Fibro calcific plaques reduce vessel distensibility, and impairfull, uniform balloon dilatation and subsequent stent expansion.^{1,2} Various technologies have been developed in order to tackle this problem, including the Cutting Balloon³ and excimer laser^{4,5}. Rotational atherectomy has been considered an adequate choice for plaque preparation when dealing with highly calcific lesions or even afterballoonfailure⁶⁻⁹; however, in larger vessels and in lesions that are not so tight, burrs might not be able to ablate the plaque¹⁰⁻¹².

The super high-pressure MeCross NC Balloon has been shown to be an effective and safe alternative for optimal lesion preparation and stent deployment even when conventional technologies have failed to achieved equate expansion.^{13,14} In our case, dilation of the residual stenosis of the circumflex artery was not possible, despite the use of various techniques in attempts to prepare the calcified lesion, including conventional non compliant balloons at high pressure (24 atm), Cutting Balloon, and rotational atherectomy. This led us to the MeCross NC Balloon, a double-layer balloon with a very low compliance. Its safety seems to be reasonable even at pressures as high as 40atm.¹⁵The major risk for complication with the MeCross NC Balloon is coronary perforation. However, its particular properties, including an extremely low compliance and resistance to the “dog bone” effect due to its double-layer structure, can reduce the risk of coronaryperforation.¹⁶TheMeCross NC Balloon has been available in sizes ranging from to 4.0 mm. It is specifically designed for the treatment of resistant, calcified lesions and for the post dilatation of under-deployed stents. It allows for very high pressure inflation and ensures a uniform expansion over a wide range of pressures. MeCross NC Balloon is highly noncompliant, with a nominal pressure of 10 atm and a nominal burst pressure of 35 atm. While more study is necessary, the success of our first experience, as well as those few cases described in the literature thus far, have been favorable for use of this balloon in the treatment of resistant, calcified lesions.¹⁷

This clinical review and survey were done according to MDD 93/42/EEC and relevant guidelines MEDDEV 2.4/1 where the collected and revised clinical data and clinical review were adequate to demonstrate clinical safety and performance of noncompliant balloon, MeCross NC Balloon Dilatation Catheter Shenzhen Medoo Medical Tech.

Co., Ltd; where the review done provide sufficient clinical performance and safety based on equivalent devices with the same clinical performance and clinical safety.

Conclusion

Resistant, calcified coronary lesions are a common challenge in coronary angioplasty. Improper stent deployment increases the risk of thrombosis and in-stent restenosis.

Different techniques and devices are available for the preparation and treatment of calcified lesions. MeCross NC Balloon, with its uniform expansion, offers a new therapeutic option that can be used safely. It provides an effective alternative strategy for the dilatation of resistant coronary lesions when conventional noncompliant balloons fail.

Disclosure: The authors report no conflicts of interest regarding the content

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